



Personal Directive

Things to Consider - Checklist

1. Revocation

- If there are previous ones that are being revoked: locate, get back, and destroy

2. Agent(s)

- Who to name
- One or more
- Consider one or more alternates
- What skills, attributes, resources, experience do they have that make them appropriate
- Do they understand what it involves
- Have they agreed
- Think about gathering all the information these people need
e.g.: location of your PD, where to find all of your health and personal information
- Remember family dynamics!

3. Powers

- Consider what powers to give them (a little or a lot)
- Consider common issues:
 - Health care (blood products; feeding tubes; pain medication, physiotherapy, chiropractor, etc.)
 - Accommodations /with whom to live (types of care facilities, etc.)
 - Activities to participate in
 - Legal matters (other than financial)
- Consider matters listed in *Act* that require mentioning in a PD if they are to occur
- Consider palliative care / “plug-pulling” issues
- Be clear!

4. Other Content Considerations

- Who makes decision (and how) that PD will come into effect
- Who is to be notified that PD has come into effect (and who do you not want notified)
- How / when decisions of Agent to be reviewed
- Payment for the Agent

5. Completion of Document

- Will you use a lawyer or not
e.g.: will anyone challenge your capacity, are there many familial difficulties
- Make sure all legal requirements are met
e.g.: witnesses

6. What to do with it

- Ensure you have certified or notarized copies
- Give a copy to individuals you want to have it
e.g.: Agent, doctor, minister
- Keep a list of who has a copy (in case you need to get them back later)
- Keep the original in a safe place
- Consider carrying a card in your purse or wallet that has the details of your PD
i.e.: in an emergency, from where can a care-giver obtain your PD

7. Review regularly